



WOODCREST SCHOOL CLASSROOM MENU GRADES PreK-6

April 2021

<p style="text-align: center;"><u>TWO AT BREAKFAST:</u> Assorted Cereal (20-25g) or Graham Cracker (19g) <u>and</u> Yogurt (14g) or Cheese Stick (1g)</p> <p>Apple juice (14g) and fruit are served at breakfast also. 1% low fat white milk (12g) or skim chocolate milk (24g) are offered at meals.</p> <p>A complete breakfast and lunch are FREE to every student!!</p>		<p>Lunch entree symbols: D = Dairy-free <> = Plant-based * bread (12g) or heat-n-serve grain</p> <p>Pork, seafood, and nut-containing products are not offered.</p> <p>Grams of carbohydrate for each food are listed as (g).</p> <p>Ingredient and other nutrition information available <u>online</u> at: CCSOH.US>Food Services and Menus>Itemized Food List</p> <p>Menu is subject to change.</p> <p>This institution is an equal opportunity provider, employer, and lender.</p>		
4/12 Cohort A MONDAY Lunch	4/13 Cohort A TUESDAY Lunch	4/14 WEDNESDAY	4/15 Cohort B THURSDAY Lunch	4/16 Cohort B FRIDAY Lunch
NO SCHOOL	NO SCHOOL	NO CLASSES AT SCHOOL Pick up 5-day meal pack at a Fuel Up site.	NO SCHOOL	NO SCHOOL
4/19 Cohort A MONDAY Lunch	4/20 Cohort A TUESDAY Lunch	4/21 WEDNESDAY	4/22 Cohort B THURSDAY Lunch	4/23 Cohort B FRIDAY Lunch
NO SCHOOL	NO SCHOOL	NO CLASSES AT SCHOOL Pick up 5-day meal pack at a Fuel Up site.	NO SCHOOL	NO SCHOOL

Week 2 & 3 menu cycles

CCS Food Services 4/14/2021



WOODCREST SCHOOL CLASSROOM MENU GRADES PreK-6

April/May 2021

<p><u>TWO AT BREAKFAST:</u> Assorted Cereal (20-25g) or Graham Cracker (19g) and Yogurt (14g) or Cheese Stick (1g)</p> <p>Apple juice (14g) and fruit are served at breakfast also. 1% low fat white milk (12g) or skim chocolate milk (24g) are offered at meals.</p> <p>A complete breakfast and lunch are FREE to every student!!</p>		<p>Lunch entree symbols: D = Dairy-free <> = Plant-based * bread (12g) or heat-n-serve grain</p> <p>Pork, seafood, and nut-containing products are not offered. Grams of carbohydrate for each food are listed as (g). Ingredient and other nutrition information available <u>online</u> at: CCSOH.US>Food Services and Menus>Itemized Food List Menu is subject to change.</p> <p>This institution is an equal opportunity provider, employer, and lender.</p>		
<p style="text-align: center;">4/26 Cohort A MONDAY Lunch</p>	<p style="text-align: center;">4/27 Cohort A TUESDAY Lunch</p>	<p style="text-align: center;">4/28 WEDNESDAY</p>	<p style="text-align: center;">4/29 Cohort B THURSDAY Lunch</p>	<p style="text-align: center;">4/30 Cohort B FRIDAY Lunch</p>
<ul style="list-style-type: none"> Lasagna Roll Up (37g) <> & *Bread or Peeps {hard-boiled eggs} D <> (2g) & *Bread 	<ul style="list-style-type: none"> Hamburger on Bun (20g) D or Cheese (2g) & Soft Pretzel (30g) <> 	<p style="text-align: center;">NO CLASSES AT SCHOOL Pick up 5-day meal pack at a Fuel Up site.</p>	<ul style="list-style-type: none"> Cheese Pizza (27g) <> or Peeps {hard-boiled eggs} D <> (2g) & *Bread 	<ul style="list-style-type: none"> Hamburger on Bun (20g) D or Cheese (2g) & Soft Pretzel (30g) <>
Vegetable and Fruit	Vegetable and Fruit		Vegetable and Fruit	Vegetable and Fruit
<p style="text-align: center;">5/3 Cohort A MONDAY Lunch</p>	<p style="text-align: center;">5/4 Cohort A TUESDAY Lunch</p>	<p style="text-align: center;">5/5 WEDNESDAY</p>	<p style="text-align: center;">5/6 Cohort B THURSDAY Lunch</p>	<p style="text-align: center;">5/7 Cohort B FRIDAY Lunch</p>
<ul style="list-style-type: none"> Pepperoni Pizza (28g) or Bean Dip (12g) & Cheese (2g) & Cheez-its (14g) & *Bread <> 	<ul style="list-style-type: none"> Grilled Cheese Sandwich (31g) <> or Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> D 	<p style="text-align: center;">NO CLASSES AT SCHOOL Pick up 5-day meal pack at a Fuel Up site.</p>	<ul style="list-style-type: none"> Pepperoni Pizza (28g) or Bean Dip (12g) & Cheese (2g) & Cheez-its (14g) & *Bread <> 	<ul style="list-style-type: none"> Grilled Cheese Sandwich (31g) <> or Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> D
Vegetable and Fruit	Vegetable and Fruit		Vegetable and Fruit	Vegetable and Fruit

Week 4 & 5 menu cycles